UNION MINE HIGH SCHOOL 2021-2022



VARSITY HEAD COACH: DEYANIRA VENTURA

JV HEAD COACH: HANNAH DEWATER





WELCOME TO UNION MINE!

Pre-Season Conditioning begins September 7th Tryouts will be November 1st

The first Step to participate in any Union Mine sport is to get a physical done by a Licensed Medical Doctor (not a Chiropractor) and complete the athletic registration for sports at <u>www.athleticclearance.com</u>

UMHS Classes Recommended: PE 2 Weights Advanced Weights

<u>Fall Sports (to get in shape/involved):</u> Cross Country Water Polo

If you have any questions or are interested in learning more about our program, please email us at hdewater@eduhsd.k12.ca.us or come by the College and Career Center (Coach Hannah works there!)